



CareCircles App

Now also available for Illinois Public Schools

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www.carecircles.co

The Problem

School Teachers & Coaches lack quick and easy access to critical medical information for students with health conditions

Goal: Allow faculty/staff to have fingertip access to life-saving student health information

Need: During life-threatening events (allergic reactions, asthma attacks, etc.) adults in charge need quick access to the medical action plans that exist for kids with medical conditions

FARE FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Name: _____ Date: _____

Allergen(s): _____

Weight: _____ lbs. Asthma: Yes (higher risk for a severe reaction): No

History of anaphylaxis: Yes No

NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

FOR ANY OF THE FOLLOWING SEVERE SYMPTOMS

SEVERE SYMPTOMS

- LUNG: Breathlessness, wheezing, repetitive cough
- HEART: Pulse or blood pressure drop, weak pulse, dizziness
- THROAT: Tight or hoarse throat, trouble breathing or swallowing
- MOUTH: Significant swelling of the tongue or lips
- SKIN: Many hives over body, difficulty breathing, rash
- GUT: Repetitive vomiting, severe diarrhea
- OTHER: Feeling of doom, sense that is about to happen, anxiety, confusion

OR A COMBINATION OF symptoms from two or more body areas.

MILD SYMPTOMS

MILD SYMPTOMS

- NOSE: Itchy or runny nose, sneezing
- MOUTH: Itchy mouth
- SKIN: A few hives, mild rash
- GUT: Itchy or uncomfortable

FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE AND CALL 911.

FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW:

- Antihistamines may be given, if ordered by a healthcare provider.
- Stay with the person, alert emergency contacts.
- Watch closely for changes. If symptoms worsen, give epinephrine and call 911.

1. ADMINISTER EPINEPHRINE IMMEDIATELY.

Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive.

Consider giving additional medications following epinephrine:

- Antihistamines
- Inhaler (bronchodilator) if wheezing

Lay the person flat, raise legs and keep warm. If breathing is difficult, place a cool, wet cloth over the nose and mouth.

If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.

Alert emergency contacts.

Transport patient to ER, even if symptoms resolve.

ADDITIONAL PHYSICIAN COMMENTS

PATIENT OR PARENT/GUARDIAN AUTHORIZATION SIGNATURE: _____ DATE: _____

PATIENT/PHYSICIAN AUTHORIZATION SIGNATURE: _____ DATE: _____

FORM PROVIDED COURTESY OF FOOD ALLERGY RESEARCH & EDUCATION (FARE). FOODALLERGY.ORG - 9/02

FARE FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

HOW TO USE AVALAQ™ (EPINEPHRINE INJECTION, USP), KALEO

- Remove cap/clip from the outer case. Pull off red safety guard.
- Place back end of AvalAQ against the middle of the outer ring.
- Push the outer ring clockwise until you hear a click and hold in place for 2 seconds.
- Call 911 and get emergency medical help right away.

HOW TO USE EPIFEN® (EPINEPHRINE AUTO-INJECTOR, USP) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENALINJECT, WARSIS AUTO-INJECTOR, WATRIS)

- Remove the EpiPen® or EpiPen® Jr® Auto-Injector from the case very carefully.
- Grasp the auto-injector with one or both hands and point downward. With your other hand, remove the blue safety device by pulling straight up.
- Stand and hold the middle of the outer thigh until a 'click' is heard firmly in place for 3 seconds.
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE IMPALA EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENALACClick™), USP AUTO-INJECTOR, AMNEAL PHARMACEUTICALS

- Remove epinephrine auto-injector from its protective packaging.
- Pull off both blue end caps; you will now see a red tip.
- Push the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly in place for 3 seconds.
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

Need To Know:

Emergency Action Plans are important documents filled out by parents of students with chronic conditions indicating what to do during an emergency medical situation

Usually they are stored in an administrative file cabinet in the school main office which often is inaccessible during after school activities and during school trips



Need To Know:

Students with medical conditions often carry life-saving devices

EpiPen for Allergic Reactions

Inhalers for Asthma

Glucagon for Diabetes

During a medical emergency, adults needs to know if a student needs one of these devices and/or if they are carrying the device in their bag



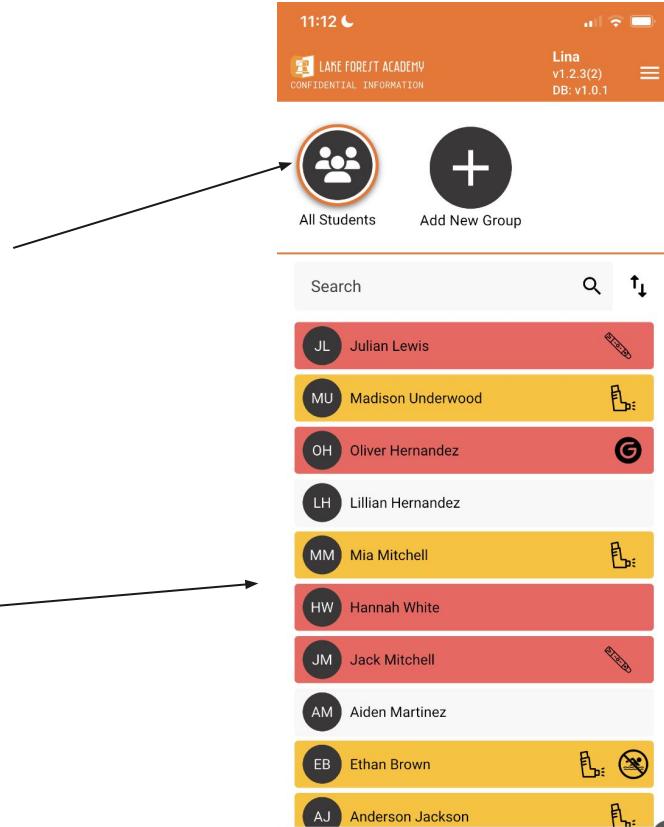
The Solution

CareCircles App on every faculty/staff members phone to easily:

- Check if a student has a medical condition
- Know if a student has to carry a medicine or life saving device with them
- Learn how to administer student's medicine or how to help the student based on his/her Emergency Medical Action Plan

CareCircles App Main Screen

Groups allow Faculty / Staff to organize subsets of students based on activity or trips



Color coding indicates the severity of medical conditions (Red, Yellow, Clear)

Icon's indicate self-carry medication and devices (EpiPen, Inhaler, Glucagon)

List of all students with medical conditions

Home Screen with Circles



English Class
(15 students)

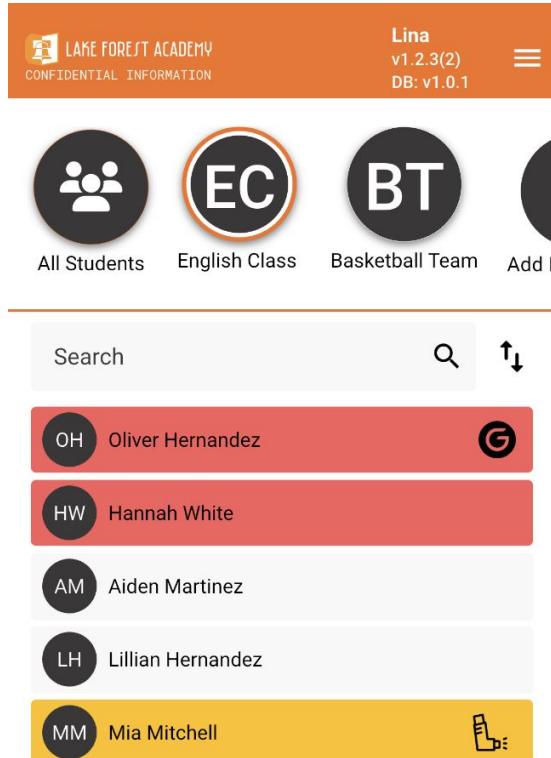


Field Trip
(30 students)



Volleyball Team
(20 students)

Easily see all groups
on the home screen



LAKE FOREST ACADEMY
CONFIDENTIAL INFORMATION
Lina v1.2.3(2)
DB: v1.0.1

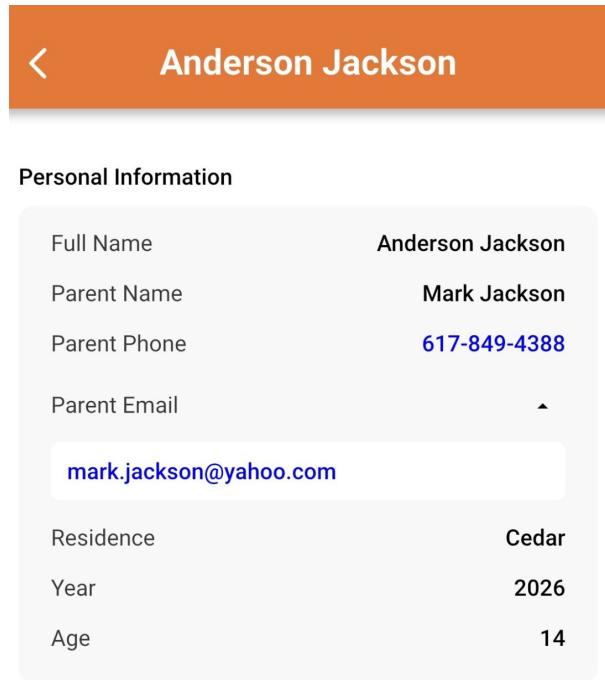
All Students English Class Basketball Team Add N...

Search

OH	Oliver Hernandez	G
HW	Hannah White	
AM	Aiden Martinez	
LH	Lillian Hernandez	
MM	Mia Mitchell	L

Student Information

For boarding schools, see a student's dorm & notify dorm parent



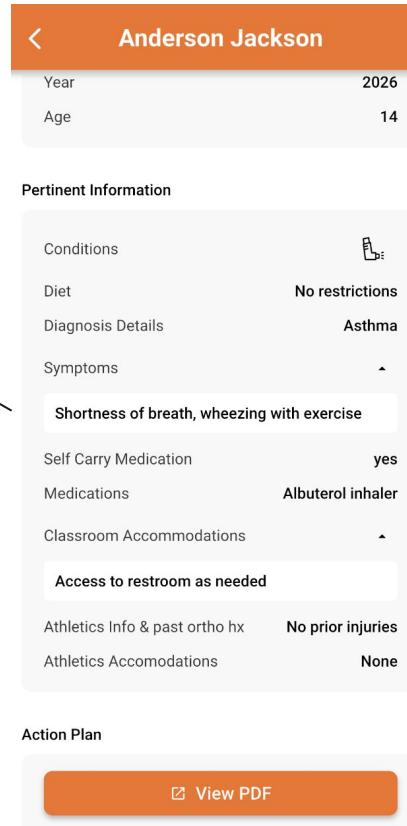
The screenshot shows a student information interface for a student named Anderson Jackson. The top bar is orange with a back arrow and the student's name. Below is a table of personal information:

Personal Information	
Full Name	Anderson Jackson
Parent Name	Mark Jackson
Parent Phone	617-849-4388
Parent Email	mark.jackson@yahoo.com
Residence	Cedar
Year	2026
Age	14

Easily call a students emergency contact

See a students age so that EMR teams can be aware

Student Medical Information



The screenshot shows a mobile-style dashboard for a student named Anderson Jackson. At the top, there is a header with a back arrow and the student's name. Below the header, there is a section for 'Pertinent Information' containing fields for 'Conditions', 'Diet', 'Diagnosis Details', 'Symptoms', 'Self Carry Medication', 'Medications', 'Classroom Accommodations', 'Athletics Info & past ortho hx', and 'Athletics Accommodations'. At the bottom, there is a section for 'Action Plan' with a 'View PDF' button.

Anderson Jackson	
Year	2026
Age	14
Pertinent Information	
Conditions	
Diet	No restrictions
Diagnosis Details	Asthma
Symptoms	Shortness of breath, wheezing with exercise
Self Carry Medication	yes
Medications	Albuterol inhaler
Classroom Accommodations	Access to restroom as needed
Athletics Info & past ortho hx	No prior injuries
Athletics Accommodations	None
Action Plan	
View PDF	

Recognize symptoms of an attack early on

Parent-filled out emergency action plan indicating what to do during an attack

This student has asthma & self-carries an inhaler

Easily see students classroom needs

Safety & Privacy

Limited Access



Access is limited to verified, authorized faculty and school staff. Users sign in securely with their school-issued Google ID.

Privacy



Your school owns and controls the data. Aligned with FERPA.



**To discuss how the
CareCircles App can be
deployed for your school,
please contact me**

Contact me at
lina@carecircles.co (Email)
650-762-4844 (Phone)

Video Tutorial:
<https://www.youtube.com/watch?v=zqLwk7SRdB0&t=55s>

App Website: CareCircles.co

App Store Download:
<https://apps.apple.com/in/app/carecircles/id6670443880>

Google Play Download:
<https://play.google.com/store/apps/details?id=app.CareCircles>

Thank You