



# CareCircles App

*Now also available for Illinois Public Schools*

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[www.carecircles.co](http://www.carecircles.co)

# The Problem



School Teachers & Coaches lack quick and easy access to critical medical information for students with health conditions

**Goal:** Allow faculty/staff to have fingertip access to life-saving student health information

**Need:** During life-threatening events (allergic reactions, asthma attacks, etc.) adults in charge need quick access to the medical action plans that exist for kids with medical conditions

**FARE FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN**

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Allergy to: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. Anaphylaxis ☐ Yes (higher risk for a severe reaction) ☐ No

History of anaphylaxis: ☐ Yes ☐ No

**NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction, USE EPINEPHRINE.**

**FOR ANY OF THE FOLLOWING SEVERE SYMPTOMS:**

<b>LUNG</b> Shortness of breath, wheezing, repetitive cough	<b>HEART</b> Pale or bluish skin, faintness, weak pulse, dizziness	<b>THROAT</b> Tight or swollen throat, trouble swallowing or speaking	<b>MOUTH</b> Swelling of the tongue or lips
<b>SKIN</b> Many hives over body, widespread redness	<b>GUT</b> Repetitive vomiting, severe diarrhea	<b>OTHER</b> Fainting, something bad is about to happen, anxiety, confusion	<b>OR A COMBINATION</b> of symptoms from different body areas.

1. **ADMINISTER EPINEPHRINE IMMEDIATELY.**  
2. Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive.  
3. Consider giving additional medications following epinephrine:  
+ Antihistamine  
+ Inhaler (bronchodilator) if wheezing  
4. Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, lay them on their side.  
5. If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.  
6. Alert emergency contacts.  
7. Transport patient to ER, even if symptoms resolve.

**ADDITIONAL PHYSICIAN COMMENTS**

**MILD SYMPTOMS**

<b>NOSE</b> Itchy or runny nose, sneezing	<b>MOUTH</b> Itchy mouth	<b>SKIN</b> A few hives, mild itch	<b>GUT</b> Mild nausea or discomfort
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**FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE AND CALL 911.**  
**FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW:**

- Antihistamines may be given, if ordered by a healthcare provider.
- Stay with the person, alert emergency contacts.
- Watch closely for changes. If symptoms worsen, give epinephrine and call 911.

☐ If this box is checked by the child's physician, the child has an extremely severe allergy to \_\_\_\_\_ and should be given epinephrine at the first sign of any symptoms, even if mild.

**MEDICATIONS/DOSES**

Epinephrine Brand or Generic: \_\_\_\_\_

Epinephrine Dose: ☐ 0.1 mg IM (intramuscular) ☐ 0.15 mg IM ☐ 0.3 mg IM ☐ 1 mg IM (intravenous) ☐ 2 mg IM

Antihistamine Brand or Generic: \_\_\_\_\_

Antihistamine Dose: \_\_\_\_\_

Other (e.g., inhaler, bronchodilator if wheezing): \_\_\_\_\_

☐ Patient may self-care ☐ Patient may self-administer

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## Need To Know:

Emergency Action Plans are important documents filled out by parents of students with chronic conditions indicating what to do during an emergency medical situation

Usually they are stored in an administrative file cabinet in the school main office which often is inaccessible during after school activities and during school trips

**FARE FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN**

**HOW TO USE AUTO-EPINEPHRINE INJECTION, USP, KALEID**

- Remove Kaleid from the outer case. Pull off red safety guard.
- Place back end of Kaleid against the middle of the outer thigh.
- Press firmly until you hear a click and feel a sting, and hold in place for 2 seconds.
- Call 911 and get emergency medical help right away.

**HOW TO USE EPIPEN, EPIPEN JR (EPINEPHRINE) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN), USP AUTO-INJECTOR, VIALS AUTO-INJECTOR, VIALS**

- Remove the EpiPen or EpiPen Jr Auto-Injector from the clear carrier tube.
- Grasp the auto-injector in your fist with the trigger tip (needle) pointing downward. With your other hand, remove the blue safety cap by pulling straight up.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it "clicks". Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

**HOW TO USE IMIPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENALCLACK), USP AUTO-INJECTOR, ADRENAL PHARMACEUTICALS**

- Remove Imipax auto-injector from its protective carrying case.
- Pull off both blue and caps, you will now see a red tip. Grasp the auto-injector in your fist with the red tip pointing downward.
- Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly against the thigh for approximately 10 seconds.
- Remove and massage the area for 10 seconds. Call 911 and get emergency medical help right away.



## Need To Know:

Students with medical conditions often carry life-saving devices

**EpiPen** for Allergic Reactions

**Inhalers** for Asthma

**Glucagon** for Diabetes

During a medical emergency, adults need to know if a student needs one of these devices and/or if they are carrying the device in their bag

## The Solution

**CareCircles App on every faculty/staff members phone to easily:**

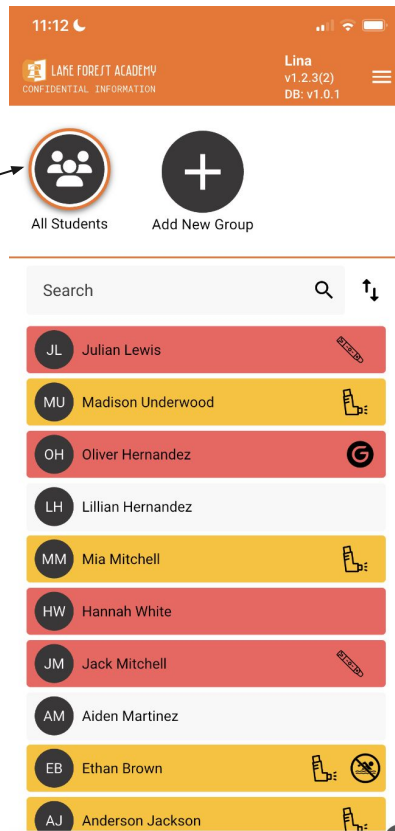
- Check if a student has a medical condition
- Know if a student has to carry a medicine or life saving device with them
- Learn how to administer student's medicine or how to help the student based on his/her Emergency Medical Action Plan



# CareCircles App Main Screen

Groups allow Faculty / Staff to organize subsets of students based on activity or trips

Color coding indicates the severity of medical conditions (Red, Yellow, Clear)



Icon's indicate self-carry medication and devices (EpiPen, Inhaler, Glucagon)

List of all students with medical conditions

# Home Screen with Circles



**English Class**  
(15 students)

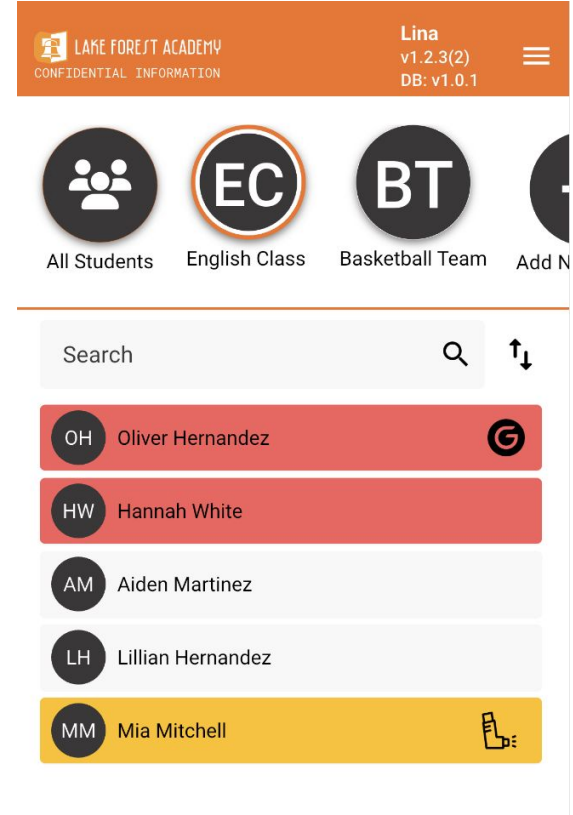


**Field Trip**  
(30 students)



**Volleyball Team**  
(20 students)


Easily see all groups  
on the home screen



# Student Information



For boarding schools, see a student's dorm & notify dorm parent

 **Anderson Jackson**

**Personal Information**

Full Name	Anderson Jackson
Parent Name	Mark Jackson
Parent Phone	617-849-4388
Parent Email	<input type="text" value="mark.jackson@yahoo.com"/>
Residence	Cedar
Year	2026
Age	14

Easily call a student's emergency contact

See a student's age so that EMR teams can be aware



# Student Medical Information



Recognize  
symptoms of an  
attack early on

Parent-filled out  
emergency action  
plan indicating what  
to do during an  
attack

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Anderson Jackson

Year

2026

Age

14

Pertinent Information

Conditions

Diet

No restrictions

Diagnosis Details

Asthma

Symptoms

Shortness of breath, wheezing with exercise

Self Carry Medication

yes

Medications

Albuterol inhaler

Classroom Accommodations

Access to restroom as needed

Athletics Info & past ortho hx

No prior injuries

Athletics Accomodations

None

Action Plan

View PDF

This student has  
asthma & self-carries  
an inhaler

Easily see students  
classroom needs

# Safety & Privacy

## Limited Access



Access is limited to verified, authorized faculty and school staff. Users sign in securely with their school-issued Google ID.



## Privacy

Your school owns and controls the data. Aligned with FERPA.



**To discuss how the  
CareCircles App can be  
deployed for your school,  
please contact me**

Contact me at  
[lina@carecircles.co](mailto:lina@carecircles.co) (Email)  
650-762-4844 (Phone)

Video Tutorial:

<https://www.youtube.com/watch?v=zqLwk7SRdB0&t=55s>

App Website: [CareCircles.co](https://carecircles.co)

App Store Download:

<https://apps.apple.com/in/app/carecircles/id6670443880>

Google Play Download:

<https://play.google.com/store/apps/details?id=app.CareCircles>

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**Thank You**